Assessment Data	Nursing Diagnosis	Goals	Nursing Interventions	Expected Outcomes
Student has frequent	Physiological injury due	Student (parent) will	Interview student to	The student will be
hypoglycemic and/or	to development of acute	recognize and treat early	determine typical low	successful in diabetes
hyperglycemic events.	complications related to	signs of insulin shock	blood sugar symptoms.	management in the
Student has irregular	hypoglycemic or	appropriately and know	Evaluate if student	school setting. The
blood glucose	ketoacidosis (NANDA	how to recognize and	understands his/her	student will manage or
monitoring	1.6.1) (Taxonomy II	respond to early signs of	reaction symptoms in	have assistance
	NANDA code 00035)	ketoacidosis.	early stages.	managing low blood
				sugar episodes.
Student has frequent			Monitor blood glucose	The student will not
infections			testing and recording,	experience ketoacidosis.
			instruct and reinforce	
			skills PRN.	
Student is skipping			Instruct student in	The student will perform
recommended snacks.			pathophysiology of	or have assistance
			diabetes at level the	performing blood
			student is capable of	glucose tests.
			understanding (age and	
			development	
			appropriate).	
			Monitor insulin	The student will
			administration if given	maintain blood sugar
			at school. Instruct and	within acceptable range.
			reinforce skills PRN.	
			Monitor diet adherence,	
			reinforce and instruct	
			PRN. Monitor snack	
			supply.	

Igoe, J., ed. *The School Nurse's Source Book of Individualized Healthcare Plans Volume1*. North Branch, MN, 1993. A complete care plan is available from Sunrise River Press, 39966 Grand Avenue, North Branch, MN 55056, 800-895-4585.

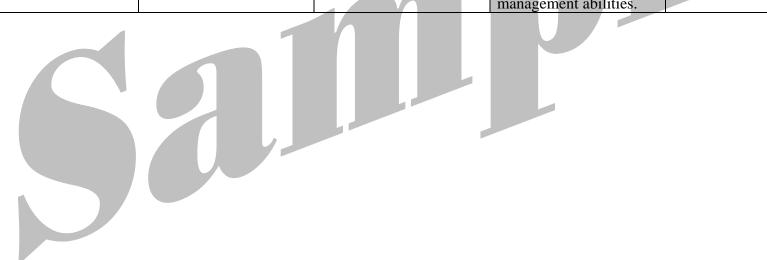
Assessment Data	Nursing Diagnosis	Goals	Nursing Interventions	Expected Outcomes
			Instruct student in	
			meaning of glucose	
			levels and appropriate	
			action required at levels	
			40-300.	
			Arrange space and time	
			for student to perform	
			self-care activities.	
			Assess student and	
			teacher(s) level of	
			understanding diabetes.	
			Instruct PRN at	
			appropriate level of	
			understanding.	
			Instruct student and	
			teacher(s) in what to do	
			when early low blood	
			sugar symptoms begin.	
			Develop individual	
			emergency plan for	
			(with) student and share	
			with faculty (including	
			plan for administration	
			of glucagons PRN).	
			Support student and	
			family in adaptation to	
			diabetes.	

Igoe, J., ed. *The School Nurse's Source Book of Individualized Healthcare Plans Volume1*. North Branch, MN, 1993. A complete care plan is available from Sunrise River Press, 39966 Grand Avenue, North Branch, MN 55056, 800-895-4585.

Assessment Data	Nursing Diagnosis	Goals	Nursing Interventions	Expected Outcomes
Student displays lack of	Knowledge deficit	Student will increase	Instruct student in	The student will be
knowledge regarding	related to: oral	understanding of	pathophysiology of	successful in diabetes
medication, diet, blood	hypoglycemic	pathophysiology of	diabetes at level the	management in the
sugar monitoring and	medication, insulin	diabetes and develop or	student is capable of	school setting.
exercise.	administration, dietary	improve the skills	understanding (age and	
	regimen, exercise	necessary to manage	development	
	requirements, blood	self.	appropriate).	
	sugar monitoring and/or			
	balance of insulin, diet			
	and exercise. (NANDA			
	8.1.1) (Taxonomy II			
	NANDA code 000126)			
			Monitor insulin	The student will
			administration if given	demonstrate increased
			at school. Instruct and	knowledge and skill in
			reinforce skills PRN.	medication management.
			Monitor diet adherence,	The student will
			reinforce and instruct	demonstrate increased
			PRN.	knowledge and skill in
				diet management.
			Instruct student in	
			weight management,	
			monitor weight regularly	
			with student.	

Igoe, J., ed. *The School Nurse's Source Book of Individualized Healthcare Plans Volume1*. North Branch, MN, 1993. A complete care plan is available from Sunrise River Press, 39966 Grand Avenue, North Branch, MN 55056, 800-895-4585.

Assessment Data	Nursing Diagnosis	Goals	Nursing Interventions	Expected Outcomes
			Instruct student in	The student will perform
			meaning of glucose	or have assistance
			levels and appropriate	performing blood
			action required at levels	glucose tests.
			40-300.	
			Arrange space and time	
			for student to perform	
			self-care activities.	
			Provide reinforcement	
			and praise follow-	
			through for self-	
			management abilities.	



Igoe, J., ed. *The School Nurse's Source Book of Individualized Healthcare Plans Volume1*. North Branch, MN, 1993. A complete care plan is available from Sunrise River Press, 39966 Grand Avenue, North Branch, MN 55056, 800-895-4585.